

HOME CARE FOLLOWING CROWN AND BRIDGE PREPARATION

CROWNS AND BRIDGES USUALLY TAKE 2 - 3 APPOINTMENTS TO COMPLETE. ON THE 1ST APPOINTMENT, THE TEETH ARE PREPARED. TEMPORARY CROWNS OR BRIDGES ARE PLACED TO PROTECT THE TEETH WHILE THE CUSTOM RESTORATION IS BEING MADE.



NUMBNESS OF YOUR LIP, TONGUE OR PALATE MAY PERSIST FOR SEVERAL HOURS. DO NOT CHEW GUM, EAT, DRINK HOT LIQUIDS OR SMOKE UNTIL THE ANESTHETIC HAS WORN OFF TO PREVENT INJURY FROM ACCIDENTALLY BITING OR BURNING ONESELF.



SORENESS MAY OCCUR AT THE TOOTH, GUM, INJECTION SITE OR JAW JOINT. IF THESE OCCUR, APPLY MOIST HEAT TO THE AFFECTED AREA AND TAKE YOUR USUAL PAIN MEDICATION AS NEEDED.

WITH TEMPORARY CROWNS OR BRIDGES:

- AVOID STICKY OR CRUNCHY FOODS THAT CAN LOOSEN OR FRACTURE THE TEMPORARY RESTORATION. TRY TO CHEW ON THE OPPOSITE SIDE.
- IF THE BITE FEELS 'HIGH,' CALL THE OFFICE TO HAVE IT ADJUSTED: IT CAN CAUSE A TOOTHACHE OR FRACTURE OF THE TEMPORARY RESTORATION.
- BRUSH TEMPORARY RESTORATION DAILY. WHEN FLOSSING, SLIDE THE FLOSS OUT FROM BETWEEN THE TEETH INSTEAD OF LIFTING IT BACK TO AVOID LOOSENING OR POPPING OUT OF THE RESTORATION.
- IF IT LOOSENS OR COMES OFF, SAVE IT AND CALL THE OFFICE TO HAVE IT RECEMENTED. IT IS VERY IMPORTANT FOR THE PROPER FIT OF THE FINAL RESTORATION THAT THE TEMPORARIES STAY IN PLACE.



THERMAL AND PRESSURE SENSITIVITY IS NORMAL FOR SOME TIME IN BETWEEN APPOINTMENTS. IF IT PERSISTS, CALL THE OFFICE.



MAKE AN APPOINTMENT 2 WEEKS FROM TODAY TO HAVE YOUR PERMANENT RESTORATION FITTED AND CEMENTED.