

# Post-Operative Instructions for Preventive Sealants

Please read prior to your child's dismissal...



**Eat soft food for the remainder of the day. Avoid hard and sticky foods such as popcorn, hard candy, ice, etc.**

**Resume a normal diet the following day.**



**Resume normal brushing and oral hygiene today.**

**Your child may notice that the bite feels different. This is normal and will subside over the next few days as the excess material wears off, leaving only what is needed in the deepest grooves.**



**The approximate life span of a sealant is 1 - 3 years, yet there is always the possibility that a portion or all of the material may be lost before that time. Numerous factors can contribute to possible early loss. Poor oral hygiene and diet can result in cavities around the sealant material in the adjacent enamel.**



**Should the sealant be lost, there is no harm to the tooth or risk to the patient. We will examine the sealants during your child's routine hygiene appointments and replace or repair as needed. There will be no replacement fee for the service as long as you adhere to your routine hygiene schedule.**

